



Rider or Equine Therapy -- Required Information

Information Required	Why we need this information
Demographics (name, age, address)	
Race and Nationality	B-BBE reporting
Weight	The Earth Centre has a weight limit for riding therapy – currently 40 kilograms, as at April 2025.
Doctor	Advice about medical conditions
Therapist	Liaison about progress
Parent or Guardian Demographics	
Emergency contact (if different from parent)	In case of unlikely emergency
School emergency contact	In case of unlikely emergency
Allergies	To ensure an appropriate response to a potential reaction. Severe or life-threatening allergies to horses or hay may be a contraindication.
Tetanus Vaccination Date	In case of injury
Current Medication	In case of emergency
Medical Diagnosis	Instructor awareness of physical and intellectual capabilities. Relevant safety considerations. Contextual lesson planning and assessments.
Down's Syndrome	A recent x-ray of the neck is required to exclude Atlanto-axial instability (not less than six months old)
Abilities -Function -Mobility -Social Interaction	For optimal and appropriate lesson planning and staffing: -Ability to care for self -Crutches, wheelchair, independent -Verbal or non-verbal, interaction
Current or past difficulties with the following:	For the purposes of ensuring the rider's safety and comfort, lesson planning for optimal benefit, and assignment to a suitable therapy pony.
Vision	Copies of reports are requested from an occupational therapist, speech therapist or educational psychologist as appropriate. This enables the EARTH Centre to plan safe and appropriate activities and exercises that are aligned with the assessments and objectives of the rider's network of supporting allied health practitioners.
Hearing	
Sensation	
Speech or communication	
Heart	
Breathing	
Digestion	
Elimination	
Circulation	
Emotional	
Behavioural	
Pain	
Bone/Joint	
Allergies	
Thinking/Cognition	
Other	
Consent for emergency medical treatment	Appropriate response in case of emergency
Indemnity Release of liability	There are inherent dangers and contraindications in horse riding